

FALL SPORTS MEETING

Tuesday August 3rd at 7:00 pm in the gym

This meeting is for ALL students (and their parents) interested in participating in a Fall Sport!

Fall Sports being offered this upcoming school year:

- Varsity Boys' Soccer (grades 9 – 12)
- Varsity Girls' Volleyball (grades 9 – 12)
- Jr. High Girls' Volleyball (grades 5 – 8, hope to have a 5th/6th and a 7th/8th)
- Jr. High Soccer (grades 5-8)

If you are interested in participating in any of these activities, you and a parent must attend this meeting! An up-to-date schedule can be seen at www.highschoolsports.net

If you simply cannot attend this meeting, please contact Mrs. Cibrario to make other arrangements (847) 548-6209, ext.13 or kcibrario@WestlakeChristian.org

Open Coaching position for 5th/6th Volleyball Team!!! If interested see Mrs. Cibrario

SPORTS PHYSICAL EXAM REQUIREMENTS

You **must** have a current physical on file with the Athletic Office in order to participate in a sport -- that means practice too! Please bring your current physical and hand in at the meeting!

ALL students entering 6th and 9th grades need a complete physical exam before the first day of school. For those grades, the complete physical exam will also fulfill their sports physical requirement.

We have received information that SPORTS PHYSICALS are available at:

MPM Family Health Care
Dr. Manfred Man D.O.
1445 Hunt Club Road, Gurnee (Condell Professional Building)

- The \$35 fee is payable at the time of service (cash or credit card).
- Bring a sports physical form (see attached) with you to the appointment.
- *Be sure to have the sections that are to be filled in by the parent already completed.*
- All minor children need a parent present for the physical to be completed as per state law.
- To schedule a Sports Physical appointment, call **847-856-8128**.

This information from MPM Family Health Care is provided for your convenience only. MPM Family Health Care and Dr. Manfred Man are not affiliated with WCA in any way. You may use the healthcare provider of your choice to perform the sports physical examination.